

The 12 Signs of the Zodiac

The zodiac represents the evolution of the soul, with each sign symbolizing a different stage of personal and spiritual development. From the fiery spark of Aries to the transcendence of Pisces, this journey reflects our growth, challenges, and transformation.

Each sign builds upon the lessons of the one before it, leading to a fuller understanding of **self, relationships, transformation, achievement, and spiritual growth**. From beginning to end, we move through life's challenges, joys, and evolutions - learning, growing, and finding our unique place in the universe. The glyphs/symbols for these signs are at the end of this document.

ARIES

- Cardinal Fire
- Ruled by Mars (the Warrior)
- Symbol – the Ram
- Rules the 1st house

Aries is the 1st sign of the zodiac and represents the spark of creation. The dawning of the new and the entry point into this lifetime. This energy is focused on the self, on the identity and the I Am. It is the leader, the pioneer, the trailblazer.

Aries represents birth and the raw energy of new beginnings. It is the stage of life when we first enter the world, driven by instinct, passion, and the desire to **assert our identity**. Aries is fearless, charging ahead without hesitation, embodying the warrior spirit. This stage teaches courage, independence, and the willingness to take risks, even if it means falling and getting back up again.

Words we associate:

Independent, bold, active, driven, self-assured, sovereign, inspiring, courageous, fresh, new, initiatory, enthusiastic, quick, impatient, cheerful, optimistic, ardent, energetic, impulsive, impetuous.

TAURUS

- Fixed Earth
- Ruled by Venus (the Lover)
- Symbol – the Bull
- Rules the 2nd house

Taurus is the 2nd sign and represents value, the material and physical world. When we move into Taurus, we start to experience the world around us through the senses and we realise our true nature as spiritual beings in the physical realm. This energy is very practical and grounded. Taurus also represents the resources we need to be safe and comfortable in this world.

After the fiery impulse of Aries, Taurus teaches us to **slow down and ground ourselves**. This stage represents early childhood, where we learn about the physical world, comfort, security, and pleasure. Taurus is about stability - building a foundation, appreciating beauty, and understanding the value of patience and persistence. It teaches us to **connect with our senses** and enjoy life's simple pleasures while creating lasting security.

Words we associate:

Secure, safe, steady, reliable, stubborn, simplistic, patient, resilient, creative, dependable, slow, calm, peaceful, sensual, perseverance, constructive, solid, builder, determined, enduring, consistent.

GEMINI

- Mutable Air
- Ruled by Mercury (the Messenger)
- Symbol – the Twins
- Rules the 3rd house

Gemini is the 3rd sign and when we get to Gemini, we start to have an understanding of the world beyond our physical body, and we want to learn and connect with others and communicate and interact. This is representative of our growing conscious communion with life and our understanding of separation. We start to see how all is interconnected. This is the sign of the mind and of communication. It also rules our local environment and our siblings. Gemini has a thirst for knowledge and will question everything!

Gemini represents the stage of childhood curiosity, where we begin to **explore, learn, and communicate**. Like child constantly asking "why?", Gemini seeks knowledge, thrives on new experiences, and forms early social connections. This stage is about developing intellect, adaptability, and the ability to see multiple perspectives. It reminds us to remain open-minded and playful, never losing the joy of discovery.

Words we associate:

Intelligent, witty, quick, youthful, agile, nimble, curious, chatty, scattered, choices, the mind, learning, the voice, words, stories, elusive, dexterous, mischievous, adaptable, friendly, flexible, playful, quick-witted, restless, talkative, fickle.

CANCER

- Cardinal Water
- Ruled by the Moon
- Symbol – the Crab
- Rules the 4th house

Cancer is the 4th sign and is the sign that represents our core foundation and our roots, this is the sign of the mother, our childhood, our home and our inner world. Cancer is deeply intuitive and highly protective and has all it needs to create a safe space and inner sanctum. This is the realm of our emotional world and experience. It also represents our ancestry and our lineage.

Cancer represents the emotional awakening of early adolescence, where we develop **deep feelings, attachments, and a sense of belonging**. This is the stage where we seek comfort in family, learn about love, and understand the importance of emotional security. Cancer teaches us to care for others, honour our emotions, and recognize that true strength lies in vulnerability.

Words we associate:

Safety, nourishment, nurture, empathy, sensitivity, shell, cave, inner light, intuition, giving and receiving. Protection, the womb, responsive, moody, defensive, shy, sympathetic, tenacious.

LEO

- Fixed Fire
- Ruled the Sun
- Symbol – the Lion
- Rules the 5th house

Leo is the 5th sign, and it is here that we learn about the Ego so that we can transcend it and connect with our true essence. Leo is expressive and dramatic and highly creative. When we have strong Leo in the chart, we are learning how to love ourselves unconditionally and be authentic and unapologetic about who we are. Leo also shows our connection to our heart centre.

Leo represents the teenage years, when we seek **self-expression, recognition, and confidence**. This is the stage where we begin to understand our personal power, take creative risks, and shine in our unique way. Leo teaches us to embrace joy, playfulness, and authenticity, reminding us that self-love and courage inspire others to do the same.

Words we associate:

Warmth, flair, drama, flamboyance, light, colourful, theatrical, generous, regal, faithful, honest, loving, loyal, radiant, majestic, proud, sincere.

VIRGO

- Mutable Earth
- Ruled by Mercury
- Symbol – the Virgin or the Sheaf of Wheat
- Rules the 6th house

Virgo is the 6th sign, and it is here that we learn about true embodiment and practical service. We find joy in giving and bring the sacred into the everyday experience. Virgo seeks to refine and improve and to purify. This sign is associated with the day-to-day routine, with work, how we serve, and with animals and pets. It is also the sign of healing and of health.

Virgo represents young adulthood, when we begin to **analyse, improve, and find purpose**. After the bold self-expression of Leo, Virgo humbles us, urging us to refine our skills, take responsibility, and contribute meaningfully to the world. This stage teaches discipline, self-improvement, and the importance of service to others, emphasising that growth comes from continuous learning and dedication.

Words we associate:

Refined, strategic, diligent, organised, humble, helpful, sacred, precise, discerning, self-critical, perfectionism, conscientious, analytical, strategic, meticulous, shy, caring,

LIBRA

- Cardinal Air
- Ruled by Venus
- Symbol – the Scales
- Rules the 7th house

Libra is the 7th sign, and it is here that we learn about relationships and about the world through other people. We try to create balance and harmony through building bridges between opposing sides. Libra is the peace maker and the mediator of the zodiac. It is also the mirror.

Libra represents the phase where we step outside ourselves to **form deep partnerships and seek balance**. This is the stage of learning compromise, harmony, and the art of relationships. Libra reminds us that life is not just about self-development but also about connection, fairness, and

seeing beauty in all things. It teaches that true wisdom comes from understanding and cooperation.

Words we associate:

Charm, grace, beauty, harmony, cooperation, arbitrator, justice, culture, art, diplomacy, agreeable, fair minded, understanding, balance, collaboration.

SCORPIO

- Fixed Water
- Ruled by Pluto (modern) and Mars (ancient)
- Symbol – the Scorpion (also the Eagle and the Phoenix)
- Rules the 8th house

Scorpio is the 8th sign and in the journey through the Zodiac it is at this stage that we often have to face our shadow side. This sign has great depth and power. As a water sign. Scorpio's emotions run deep but are experienced so profoundly that they may not be shown to the external world. This is the sign of the healer and the occult. This is also where we experience the exchange of energy – which can be financial, emotional or sexual. It is the sign of transformation, of death and of rebirth and reveals how we must surrender to deep and permanent change.

Scorpio represents the stage of profound transformation, where we **face our fears, dive into the depths of our soul, and emerge reborn**. This is the phase of emotional intensity, passion, and letting go of what no longer serves us. Like the mythical Phoenix rising from the ashes, Scorpio teaches that pain, loss, and endings are necessary for true rebirth. It is the sign of power, resilience, and the understanding that to fully live, we must embrace the cycles of death and renewal.

Words we associate:

intensity, power, passion, depth, perceptive, magnetic, profound, regenerative, secretive, thorough, possessive, compassionate, shrewd, fearless, intuitive, alchemy, purging, transformation.

SAGITTARIUS

- Mutable Fire
- Ruled by Jupiter
- Symbol – the Archer
- Rules the 9th house

Sagittarius is the 9th sign, and it is where we move beyond the mind and expand our horizons both mentally and physically. This is the realm of adventure and exploration. Sagittarius is the seeker and reminds us that life is a journey not a destination. This sign will teach us about the truth beyond what we have been taught, and that freedom and expansion is a huge part of spiritual growth. Sagittarius wants us to see the bigger picture, to rise above and to aim high. This is the sign of knowledge, wisdom, the higher mind and higher consciousness.

After the intense transformation of Scorpio, Sagittarius represents the **quest for meaning, freedom, and wisdom**. This stage symbolises exploration, travel, and higher learning - seeking truth beyond what we've been taught. Sagittarius teaches us to embrace adventure, remain optimistic, and keep expanding our horizons, both mentally and physically. It reminds us that life is a journey, not a destination.

Words we associate:

Knowledge, understanding, exploration, travel, optimistic, joyful, spirited, positive, enthusiastic, confident.

CAPRICORN

- Cardinal Earth
- Ruled by Saturn
- Symbol – the Sea Goat
- Rules the 10th house

Capricorn is the 10th sign of the zodiac, and it is here that we create the bridge between our physical experience and a higher power. This sign represents the need to take responsibility for our actions and our path and to show up. It is the sign of mastery and adulthood. It is here that we build a legacy and set long term goals. Capricorn teaches us that true achievement comes from patience, determination and effort and that wisdom comes through experience. Capricorn is the elder, the master and an engineer of light.

Capricorn represents the phase where we take full responsibility for our destiny, mastering discipline, ambition, and perseverance. This is the stage of adulthood, where we build legacies, set long-term goals, and work hard to achieve success. Capricorn teaches us that true achievement comes from patience and effort, and that wisdom is earned through experience. It represents climbing the mountain of life, step by step, toward mastery.

Words we associate: Wisdom, maturity, status, reputation, success, determination, grit, tenacity, accountability, goals, discipline, structure, hierarchy, ambition, prudent.

AQUARIUS

- Fixed Air
- Ruled by Uranus (modern) and Saturn (ancient)
- Symbol – the Water Bearer
- Rules the 11th house

Aquarius is the 11th sign and represents enlightenment and the search for universal truth. This is the sign of the humanitarian and the collective group. Aquarius seeks to show us where we need to break free from tradition and embrace innovation and progress. This is a very futuristic sign which reminds us that true change happens when we dare to be different and embrace our uniqueness and authenticity. Aquarius is the Visionary, the Revolutionary and the Advocate for the Collective.

Aquarius represents the phase of breaking free from tradition to **embrace innovation, individuality, and humanitarianism**. This is the stage where we challenge societal norms, seek progress, and think ahead of our time. Aquarius reminds us that true change happens when we dare to be different, and that freedom comes from embracing authenticity. It is the visionary, the revolutionary, and the advocate for collective evolution.

Words we associate: Objective, detached, idealistic, galactic, original, unique, genius, truth, free spirit, authentic, enlightenment, humanity, group, community.

PISCES

- Mutable Water
- Ruled by Neptune
- Symbol – two fishes
- Rules the 12th house

Pisces is the 12th and final sign of the zodiac and when we reach Pisces we have come to the end of our journey around the wheel. This is the sign of Oneness and the Higher Self. It is through Pisces that we experience a connection to something beyond the physical realm. We surrender to the flow of the universe and allow the boundaries between the self and the wider cosmos to dissolve. Pisces is also a very karmic sign and is deeply aware of the unseen currents and all that is otherworldly. The pairing of the fishes which swim in opposing directions reminds us that we have to integrate opposing energies and forces (light and dark) to come back to the wholeness of self.

Pisces represents the final stage of the zodiac- the return to **oneness, spirituality, and universal love**. After experiencing all the lessons of life, Pisces teaches us to surrender, trust, and embrace

the flow of the universe. This is the stage of deep intuition, compassion, and artistic expression, where the boundaries between self and the cosmos dissolve. Pisces reminds us that life is not just about personal growth but also about connection to something greater than ourselves.

Words we associate:

Surrender, flow, intuition, creativity, compassion, release, endings, mysticism, spirituality, imagination, formless, boundless, dreams, fluidity, illusion, confusion, escapism, sacrifice, victimhood, vision, divinity, faith, higher power, oneness, unity, Source.

Glyphs

When you look at a birth chart, the signs are represented by glyphs which you will need to familiarise yourself with. They are as follows:

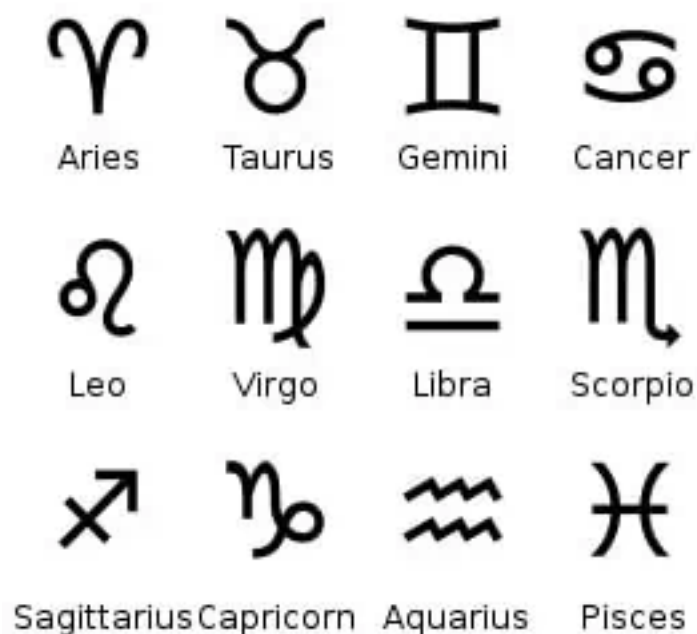


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